

* Below are the dates/times for conditioning sessions and sortouts for the first couple of weeks at each level. Additional weeks will be added mid Sept. and communicated to the membership.

* Some dates/times are subject to change, but will be communicated to the membership if they occur.

* Goalies at the Atom to Midget level will be invited to the Player conditioning sessions. Email Hockey Operations to inquire (First come first serve).

* Bantam Sept 8th Open Scrimmage (Sign up) - <https://forms.gle/7HTCF7Jik8irLica7>

U7 (formerly IP)

Start Date	Start Time	Session	Arena
02 Oct 2021	07:00 AM	IP Evaluations - Date of Birth 2016 or younger	Richmod Arena
02 Oct 2021	08:00 AM	IP Evaluations - Date of Birth 2015	Richmod Arena
Weekly Sessions Start Week of Oct 4th - Times to be communicated Mid Sept.			

U9 (formerly Novice)

Start Date	Start Time	Session	Arena
11 Sep 2021	04:00 PM	Novice Pathways - A to L (Last Name)	Beckwith
11 Sep 2021	05:00 PM	Novice Pathways - M to Z (Last Name)	Beckwith
18 Sep 2021	04:00 PM	Novice Pathways - A to L (Last Name)	Beckwith
18 Sep 2021	05:00 PM	Novice Pathways - M to Z (Last Name)	Beckwith
25 Sep 2021	04:00 PM	Novice Pathways - A to L (Last Name)	Beckwith
25 Sep 2021	05:00 PM	Novice Pathways - M to Z (Last Name)	Beckwith
26 Sep 2021	01:00 PM	Novice Pathways - A to L (Last Name)	Bell Sensplex - BrokerLink Arena
26 Sep 2021	02:00 PM	Novice Pathways - M to Z (Last Name)	Bell Sensplex - BrokerLink Arena
28 Sep 2021	05:00 PM	Novice Skills1 - A to L (Last Name)	Minto Recreation - Barrhaven - North Rink
28 Sep 2021	06:00 PM	Novice Skills1 - M to Z (Last Name)	Minto Recreation - Barrhaven - North Rink
01 Oct 2021	05:00 PM	Novice Skills2 - A to L (Last Name)	Richmod Arena
01 Oct 2021	06:00 PM	Novice Skills2 - M to Z (Last Name)	Richmod Arena
03 Oct 2021	08:00 AM	Novice Skills3 - A to L (Last Name)	Richmod Arena
03 Oct 2021	10:00 AM	Novice Skills3 - M to Z (Last Name)	Richmod Arena

U11 (formerly Atom)

Start Date	Start Time	Session	Arena
11 Sep 2021	06:00 PM	Atom Pathways - A-J (Last Name)	Beckwith
11 Sep 2021	07:00 PM	Atom Pathways - K-Z (Last Name)	Beckwith
18 Sep 2021	06:00 PM	Atom Pathways - A-J (Last Name)	Beckwith
18 Sep 2021	07:00 PM	Atom Pathways - K-Z (Last Name)	Beckwith
25 Sep 2021	06:00 PM	Atom Pathways - A-J (Last Name)	Beckwith
25 Sep 2021	07:00 PM	Atom Pathways - K-Z (Last Name)	Beckwith
26 Sep 2021	03:00 PM	Atom Pathways - A-J (Last Name)	Bell Sensplex - BrokerLink Arena
26 Sep 2021	04:00 PM	Atom Pathways - K-Z (Last Name)	Bell Sensplex - BrokerLink Arena
03 Oct 2021	11:00 AM	Atom Sortout1 - A-J (Last Name)	Richmod Arena
03 Oct 2021	12:00 PM	Atom Sortout1 - K-Z (Last Name)	Richmod Arena
07 Oct 2021	05:00 PM	Atom Sortout2 - A-J (Last Name)	Richmod Arena
07 Oct 2021	06:00 PM	Atom Sortout2 - K-Z (Last Name)	Richmod Arena
08 Oct 2021	05:00 PM	Atom Sortout3 - A-J (Last Name)	Richmod Arena
08 Oct 2021	06:00 PM	Atom Sortout3 - K-Z (Last Name)	Richmod Arena

U13 (formerly Peewee)

Start Date	Start Time	Session	Arena
11 Sep 2021	02:00 PM	Peewee Conditioning - A to K (Last Name)	Bell Sensplex - BrokerLink Arena
11 Sep 2021	03:00 PM	Peewee Conditioning - L to Z (Last Name)	Bell Sensplex - BrokerLink Arena
12 Sep 2021	01:00 PM	Peewee Conditioning - A to K (Last Name)	Bell Sensplex - BrokerLink Arena
12 Sep 2021	02:00 PM	Peewee Conditioning - L to Z (Last Name)	Bell Sensplex - BrokerLink Arena
14 Sep 2021	05:00 PM	Peewee skills - A to K (Last Name)	Minto Recreation - Barrhaven - North Rink
14 Sep 2021	06:00 PM	Peewee skills - L to Z (Last Name)	Minto Recreation - Barrhaven - North Rink

U15 (formerly Bantam)

Start Date	Start Time	Session	Arena
08 Sep 2021	08:00 PM	Bantam Open Scrimmage - Sign Up (link at top of page)	CRC (GRC) - Arena - Rink (A)
10 Sep 2021	08:15 PM	Bantam Conditioning - A- Ma (Last Name)	Bell Sensplex - Milk Up Arena
11 Sep 2021	04:00 PM	Bantam Conditioning - Mc-Z (Last Name)	Bell Sensplex - BrokerLink Arena
12 Sep 2021	03:00 PM	Bantam Conditioning - A- Ma (Last Name)	Bell Sensplex - BrokerLink Arena
12 Sep 2021	04:00 PM	Bantam Conditioning - Mc-Z (Last Name)	Bell Sensplex - BrokerLink Arena
13 Sep 2021	06:00 PM	Bantam skills - A- Ma (Last Name)	Minto Recreation - Barrhaven - North Rink
13 Sep 2021	07:00 PM	Bantam Skills - Mc-Z (Last Name)	Minto Recreation - Barrhaven - North Rink

U18 (formerly Midget)

Start Date	Start Time	Session	Arena
15 Sep 2021	08:00 PM	Midget Conditioning - A-J	CRC (GRC) - Arena - Rink (A)
17 Sep 2021	08:15 PM	Midget Conditioning - K-Z	Bell Sensplex - Milk Up Arena
20 Sep 2021	07:00 PM	Midget Conditioning - A-J	Minto Recreation - Barrhaven - North Rink
29 Sep 2021	08:00 PM	Midget Conditioning - K-Z	CRC (GRC) - Arena - Rink (A)
30 Sep 2021	06:00 PM	Midget Sortout 1 - A-J (Last Name)	Minto Recreation - Barrhaven - North Rink
30 Sep 2021	07:00 PM	Midget Sortout 1 - K-Z (Last Name)	Minto Recreation - Barrhaven - North Rink

All Goalies - Atom to Midget

Start Date	Start Time	Session	Arena
13 Sep 2021	05:00 PM	Goalie Conditioning - Atom to Midget (All Goalies)	Minto Recreation - Barrhaven - North Rink
18 Sep 2021	04:00 PM	Goalie Evaluations - Atom to Midget	Bell Sensplex - BrokerLink Arena

U21 (formerly Juvenile)

Date/Session
7 Oct 2021 - Juvenile Practices Begin - Times to be communicated Mid Sept.
1 Nov 2021 - Proposed league start